

Things to try

Cabbage Thoran
 Nasi Goreng
 Penang peanut stew
 Beans poriyal
 Herb-cheese Polenta
 Whey-soup
 Mushroom Cheese Risotto
 Thukpa
 Khao Suey
 Ema Datshi
 Thai Curry red and green
 Kokum Curry
 Zoodles
 Lotus Stem and Beet root tikki
 Lasagna

Paneer dishes variants

Grilled paneer paramigiana
 Scrambled cottage cheese with black pepper mushroom and scallions

Mundane Paneer Dishes

Paneer Tikka
 Raw Paneer plus Lemon
 Raw Paneer in Curd
 Stuffed Capsicum and Tomatoes with paneer
 Paneer Bhurji
 Kadhai Paneer
 Shahi Paneer
 Paneer Chaat
 Paneer-Do-Pyaza
 Paneer butter masala
 Cheesy paneer
 Malai Tikka

Zucchini world

Zucchini ricotta lasagna
 Zucchini Lasagna with Bolognese Sauce
 Zucchini Nachos
 Zucchini Aglio Olio
 Zucchini cannelloni
 Zucchini Enchiladas
 Bell pepper & Zucchini Caponata

Styles of cooking

Paramigiana world
 Thoran style
 Panang curry
 Thai style
 Italian style
 South-Indian style

Egg world

Akuri - Parsi style scrambled eggs
 Paneer and egg ghotala
 Greek scrambled eggs
 Currimbhoy salad
 Cheesy egg

Veggies variants

Lauki chana
 Lauki kofta
 Lauki pakora
 Besan ki Torai / Ridge gourd
 Jash-e-Kaddu
 Torai (Ridge gourd) skin chutney

Sauces and Dressings

Harissa sauce
 Teriyaki sauce
 Matbucha sauce
 Raclette
 Marinara
 Alfredo
 Schezwan
 Unsweetened Mayo
 Mustard Sauce
 Peri Peri
 Unsweetened Tomato Sauce
 Barbeque Sauce
 Pesto
 Hummus
 Dhaniya chutney
 Pudina chutney
 Curry leaves chutney
 Ranch Dressing
 Ceasar Dressing
 Vinaigrettes
 Italian Dressing
 Balsamic Vinaigrette

Desserts

Peanut butter chocolate fat bomb
 Coconut lemon nut fat bomb
 Peanut butter and cream cheese fat bomb
 Seed and nut fat bomb
 Almond butter fat bomb
 Cinnamon and butter fat bomb
 Chocolate butter fat bomb
 Panna cotta with berries

Kitchen Go-to Dressings

Olive oil
 Lemon
 Acv
 Garlic
 Ginger
 Parsley
 Pepper
 Onion
 Oregano
 Tomatoes
 Red Wine
 Paprika
 Tofu (Non-GMO)

Cauliflower dishes

Cauliflower rice
 Cauliflower poha
 Cauliflower Manchurian
 Curried cauliflower and french beans

Quick and easy Desserts

Gajar Halwa with raisins without sugar
 Kheer with raisins without sugar
 Malaai / Cream with berries

Probiotics

Pickles wo vinegar
 Sauerkraut
 Kombucha

Flour substitutes

Almond Flour
 Coconut Flour
 Flaxseed Flour
 Hazelnut Flour
 Psyllium Husk / Isabgol